

# TRITON CONNECTIONS

## *Iowa Central offers a Non-Credit course for everyone!*

*Are you looking to expand your current workforce skills? Maybe you'd like to start training for a new career. Or perhaps you just want to take a course for the pure joy of learning something new.*

## *Why not try a Non-Credit course with us?*



**IOWA CENTRAL  
COMMUNITY COLLEGE**

[www.iowacentral.edu](http://www.iowacentral.edu)



# Careers & Trades

## **MSHA Refresher Part 48A**

*Mine safety training for Part 48A for underground mine with work being done underground. This training is the refresher.*

**June 14, 2017**

**8AM-5PM**

**Cost: \$35**

**Location: East Campus**

**Register at 515.574.1293**

## **Precision Maintenance Skills**

*An intense five day hands-on class for up to 10 students. Join other craftsmen, supervisors, and engineers to gain the skills that will lower the vibration levels and electrical consumption of plant rotating equipment, which will double or even triple equipment and component life! Simulators are used throughout the course to put the skills to the test. Participants will learn how something as insignificant as a few thousandths of an inch in fit and tolerance or an incorrect key length can make a huge difference in rotating equipment life.*

**June 21-23 & 28-29, 2017**

**Sept. 27-29 & Oct. 4-5, 2017**

**Nov. 29-30, Dec. 1 & 6-7, 2017**

**7AM-3:30PM**

**Cost: \$1700**

**Location: East Campus**

**Register at 515.574.1293**

## **Plumbing/ Mechanical 8HRS**

*Plumbing/Mechanical 8 hrs ONLY of the complete 16 hour course good for Plumbing Licenses. Attendees will earn the following towards their Iowa Plumbing License: 2HRS Plumbing Code; 2HRS Safety; 4hrs Discipline that is good for any Iowa plumbing/mechanical license type.*

**June 21, 2017 - 6AM-3PM**

**June 21, 2017 - 3PM-11PM**

**Cost: \$275**

**Location: East Campus**

**Register at 515.333.1293**

# Careers & Trades

## **Plumbing/ Mechanical 16HRS**

*Plumbing/Mechanical 16 hour course. Course consists of 16 hours approved for Iowa Plumbing & Mechanical Licenses. All hours for Iowa Plumbing & Mechanical Licenses will be given: 2HRS Mechanical Code; 2 HRS Safety; 4hrs Discipline; 2hrs Plumbing Code; 2hrs Safety; 4hrs Discipline.*

**June 21, 2017 - 6AM-11PM**

**Cost: \$475**

**Location: East Campus**

**Register at 515.333.1293**

## **MSHA Refresher Part 48B**

*Mine safety training for Part 48B for underground mine with work being done above ground. This training is the refresher.*

**June 26, 2017**

**8AM-4:30PM**

**Cost: \$35**

**Location: East Campus**

**Register at 515.574.1293**

## **MSHA New Miner Part 48B**

*Mine safety training Part 48B for underground mine with work being done above ground. This training is for new miners.*

**June 26-28, 2017**

**M/T/W - 8AM-4:30PM**

**Cost: \$35**

**Location: East Campus**

**Register at 515.574.1293**

# Computer Technology

## Introduction to Windows 10

*Explore Windows 10 with the help of an instructor. Starting with the basics, you will learn how to make Windows easier to use through personalization, finding apps from previous versions of Windows and using the new built in applications. You will also learn how to utilize the new browser and set up your Windows email account.*

**July 18 & 25, 2017**

**1-4PM**

**Cost: \$45**

**Location: East Campus**

**Register at 515.574.1293**

## Introduction to Computers

*Learn the basics of computers using Windows 10. Students will learn to navigate through files, folders and the desktop, as well as gain a basic understanding of some of the software available including Word, Excel, Powerpoint and email. Students will also learn how to surf the web more efficiently.*

**Aug. 8-29, 2017**

**Tuesdays 1-4PM**

**Cost: \$65**

**Location: East Campus**

**Register at 515.574.1293**

## Introduction to Microsoft Publisher

*Learn how to use Microsoft Publisher 2010 to create your own professional quality newsletters, fliers, and more. Learn how to access Publisher templates, navigate the workspaces and create text, graphics and other publication elements to create a wide variety of documents.*

**Aug. 10-24, 2017**

**Thursdays 1-4PM**

**Cost: \$45**

**Location: East Campus**

**Register at 515.574.1293**

## You can take classes online!

Looking for help with Microsoft Excel, Team Building, or Management? We offer these classes and more!

Check it out at  
**[Ed2Go.com/iccc/](http://Ed2Go.com/iccc/)**

# Leisure

## **Moped Safety Class**

*Child must be 14 or turning 14 within 5 months. Moped endorsement must be put on driving permit before a moped can be driven on public streets.*

**June 17, 2017 - 8AM - 2PM**

**Cost: \$50**

**Location: Transportation**

**Technology Center**

**Register at 515.574.1971**

## **Basics of Buttercream Cake Decorating**

*Students will learn the basics to cake decorating, how to assemble a single tier cake, the best way to achieve a smooth finish with buttercream, and the basic troubleshooting for buttercream issues.*

**June 20, 2017 - 6-8PM**

**Cost: \$25**

**Location: East Campus**

**Register at 515.574.1293**

## **Yoga**

*You will learn a simple, effective and harmonious set of actions that work with your body's optimal, natural design that can be applied to any yoga pose or style.*

**June 20-July 27, 2017**

**T/TH - 5:30-6:30pm**

**Cost: \$40**

**Location: East Campus**

**Register at 515.574.1293**

## **Heartsaver First Aid CPR**

*Heartsaver® First Aid CPR AED is an AED course that teaches students critical skills needed to respond to and manage an emergency until emergency medical services arrives. Skills covered in this course include first aid; choking relief in adults, children, and infants; and what to do for sudden cardiac arrest.*

**June 21, 2017 - 5-9PM**

**Cost: \$65**

**Location: East Campus**

**Register at 515.574.1293**

## **Permit to Carry**

*This class will cover firearm safety, pistol and ammunition, pistol handling, applying for your permit, use of force, carrying your firearm, Iowa laws.*

**June 25, 2017 - 2-5PM**

**August 20, 2017 - 2-5PM**

**Cost: \$50**

**Location: East Campus**

**Register at 515.574.1293**

## **Permit to Carry Renewal**

*This class will cover firearm safety, pistol and ammunition, pistol handling, applying for your permit, use of force, carrying your firearm, Iowa laws.*

**June 25, 2017 - 2-5PM**

**Cost: \$25**

**Location: East Campus**

**Register at 515.574.1293**

# Leisure

## Older Wiser Livelier Seniors (O.W.L.S.)

*A program for folks who want to be active outdoors. Morning social time and light refreshments will prelude to an outing to explore a piece of nature in the county. We will meet at Kennedy Park, carpool to the adventure site, and return to Kennedy Park. Let's explore Liska-Stanek Prairie which is located a few miles south of Fort Dodge. There we will learn about the plants that frequented our landscape and how they were used by inhabitants for food and medicine. Wear mosquito protection, long pants, sturdy shoes.*

**July 18, 2017 - 9:45AM**  
**Cost: \$5/person**  
**Location: Kennedy Park**  
**Register at the door.**

**SAVE THE DATE**  
for more O.W.L.S.  
classes!

**Sept. 19, 2017**  
**Nov. 21, 2017**

*More details will  
be available on our  
website soon.*

## Sentimental Swing Dance

*Join the Sentimental Swing dance band at the Eagles Ballroom playing music from the big band era including swing, foxtrots, waltzes and polkas. Open to the public for singles and couples.*

**July 20, 2017 - 6-9PM**  
**Aug. 17, 2017 - 6-9PM**  
**Sept. 21, 2017 - 6-9PM**  
**Oct. 19, 2017 - 6-9PM**  
**Nov. 16, 2017 - 6-9PM**  
**Dec. 21, 2017 - 6-9PM**

**Cost: \$10/person**  
**Location: Eagles Ballroom**  
**Fort Dodge**

**Register at the door.**



# Leisure

## Motorcycle Rider Course

*Mandatory on-line 3 hour prep course is required with proof of Certificate of Completion brought to class! MSF Basic e-course will address basic motorcycle knowledge, 5 hours of classroom instruction with a Rider Coach to address rider perception and risk management and 10 hours of on-cycle, hands-on instruction. Riders must be able to balance a bicycle to participate in the riding portion of the course, and a riding skill test must be passed for successful completion.*

**July 8 & 9, 2017**

**Saturday - 8AM - 5PM**

**Sunday - 8AM - 4PM**

**Cost: \$170**

**Location: Transportation**

**Technology Center**

**Register at 515.574.1971**



## 24/7 Dads

*24/7 Dads is a fatherhood program for men of all cultures, races, religions and backgrounds. It will help fathers or father figures hone their skills as they learn about themselves and the roles they have with their children and family.*

*Topics include: communication, fathering practices, discipline, co-parenting and work/life balance.*

**July 11 - Sept. 26, 2017**

**Tuesdays - 5:30-7:30PM**

**Cost: Free**

**Location: Children & Families  
of Iowa**

**Register at 515.574.1293**

# Leisure

## Techniques & Textures of Buttercream

*In this course students will expand on what they learned during the basics of buttercream. We will learn how to create various borders, ruffles, rosettes, and leaves. In addition we will learn how to effectively write on cakes.*

**July 25, 2017 - 6-8PM**

**Cost: \$25**

**Location: East Campus**

**Register at 515.574.1293**

## Intermediate Cake Designs

*During this course we will learn how to create a watercolor based design with a beautiful array of buttercream flowers on top. This course will seamlessly combine the skills learned in both basics of buttercream and techniques of textured frosting.*

**Aug. 15, 2017 6-8PM**

**Cost: \$25**

**Location: East Campus**

**Register at 515.574.1293**

Iowa Central Community College is looking to expand our Adult and Community Education opportunities. If you have ideas for classes you would like to see offered, please email [\*\*non-credit@iowacentral.edu\*\*](mailto:non-credit@iowacentral.edu)



# Life Skills

## High School Equivalency Diploma Class

*Students 17 years and older prepare to take the 5 computer-based High School Equivalency Tests offered on the Iowa Central campus. Students participate in instructor lead, independent, and online class. Classes transition to other education, training, and employment opportunities.*

**July 10 - Aug.10, 2017**

**Aug. 14 - Sept. 14, 2017**

**M/T/W/TH - 8:30-11:30AM**

**M/T/W/TH - 11:30AM-2:30PM**

**M/T/W/TH - 5-7:30PM**

**Cost: FREE**

**Location: Main Campus**

**Register at 515.574.1959**

## High School Equivalency Diploma Class

*Students 17 years and older prepare to take the 5 computer-based High School Equivalency Tests offered on the Iowa Central campus. Students participate in instructor lead, independent, and online class. Classes transition to other education, training, and employment opportunities.*

**July 10 - Aug. 10, 2017**

**Aug. 14 - Sept. 14, 2017**

**M/W - 5-7PM**

**T/TH - 2-6PM**

**Cost: FREE**

**Location: Webster City Campus**

**Register at 515.574.1959**

## English as a Second Language (ESL)

*Adults 16 years and older whose first language is not English can study English to improve in the areas of reading, speaking, listening, and writing. Learners may also participate in an online study course. All levels of learners are welcome!*

**July 10 - Aug. 3, 2017**

**Aug. 7 - 24, 2017**

**M/T/W/TH - 9:30AM-12PM**

**M/TH - 5-8PM**

**Cost: FREE**

**Location: Main Campus**

**Register at 515.574.1960**

## English as a Second Language (ESL)

*Adults 16 years and older whose first language is not English can study English to improve in the areas of reading, speaking, listening, and writing. Learners may also participate in an online study course. All levels of learners are welcome!*

**July 10 - Aug. 10, 2017**

**Aug. 14 - Sept. 14, 2017**

**T/W/TH - 9:30AM-12PM**

**T/W/TH - 5-8PM**

**Cost: FREE**

**Location: All Cultures Equal  
Center**

**Register at 515.574.1960**

# Coaching

## **Structure & Function of the Human Body**

*This course will provide a knowledge and understanding of the structure & function of the human body in relation to physical activity.*

**July 8, 2017 - 7AM - 5:30PM**

**Cost: \$90**

**Location: East Campus**

**Register at 515.574.1293**

## **Athletic Development & Human Growth**

*This course will provide a knowledge and understanding of human growth and development of children and youth in relation to physical activity.*

**July 9, 2017 - 7AM - 5:30PM**

**Cost: \$90**

**Location: East Campus**

**Register at 515.574.1293**

## **Techniques, Theory & Ethics**

*This course will provide a knowledge and understanding of the techniques and theory of coaching interscholastic athletics.*

**July 15-16, 2017 - 8AM - 4PM**

**Cost: \$115**

**Location: East Campus**

**Register at 515.574.1293**

## **Care & Prevention of Athletic Injuries**

*This course will provide a knowledge and understanding of the prevention and care of athletic injuries and medical safety relating to physical activity.*

**July 22-23, 2017 - 7AM - 5:30PM**

**Cost: \$150**

**Location: East Campus**

**Register at 515.574.1293**

# State Mandated

## Children in the Middle

*“Children in the Middle” is a four-hour class providing education and affirmation for parents, with the primary focus on children’s needs at all ages. REQUIRED (court ordered) skills training for divorced or divorcing parents, sharing custody of children. The program is conducted by qualified professionals who have been specifically trained to teach this seminar.*

*Effective July 1, 2017, To drop or withdraw your registration and receive a full refund, you must call 515.574.1293, at least 48 hours (two business days) before the start of class.*

**June 21, 2017; July 8, 2017;  
July 19, 2017; Aug. 12, 2017;  
Aug. 23, 2017; Sept. 9, 2017;  
Sept. 20, 2017**

**Wednesdays 6-10PM**

**Saturdays 8:15AM-12:15PM**

**Cost: \$40**

**Location: East Campus  
Register at 515.574.1293**





# **Iowa Central Community College**

## **Main Campus**

One Triton Circle, Fort Dodge

## **Crimmins Building**

1142 14th Street SW, Fort Dodge

## **East Campus**

2031 Quail Avenue, Fort Dodge

## **Webster City Campus**

1725 Beach Street, Webster City

## **Transportation Technology Center**

1106 South 32nd Street, Fort Dodge

## **Other Class Locations**

### **All Cultures Equal Center**

1440 E 2nd St, Webster City

### **Eagles Ballroom**

1018 1st Ave N, Fort Dodge

It is the policy of Iowa Central Community College not to discriminate on the basis of race, color, national origin, sex, disability, age (employment), sexual orientation, gender identity, creed, religion, and actual or potential parental, family or marital status in its programs, activities, or employment practices as required by the Iowa Code §§ 216.6 and 216.9, Titles VI and VII of the Civil Rights Act of 1964 (42 U.S.C. §§ 2000d and 2000e), the Equal Pay Act of 1973 (29 U.S.C. § 206, et seq.), Title IX (Educational Amendments, 20 U.S.C. §§ 1681 – 1688), Section 504 (Rehabilitation Act of 1973, 29 U.S.C. § 794), Age Discrimination Act of 1975 (34 CFR Part 110), and Title II of the Americans with Disabilities Act (42 U.S.C. § 12101, et seq.).

Individuals having questions or complaints related to compliance with this policy should contact Samantha Reeves at Iowa Central Community College at 515-574-1045 or the Director of the Office for Civil Rights, U.S. Department of Education, Citigroup Center, 500 W. Madison, Suite 1475, Chicago, IL 60661, phone number 312/730-1560, fax 312/730-1576.